Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: KWZC

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Decabooter Geert HEADCOACH

Coaches: Destoop Jens

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 21: 100M MEDLEY WOMEN 13+ Heat:2, starttime: 14:30

Heat: 2/18 Lane : 2 Athlete: WEYNE YOLIYA **Q-time: 01:36:45**

PB (25m pool): 01:36.45 Waregem 26/09/2026 **PB (50m pool):** no time **SB:** 01:36.45 Waregem 26/09/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:36.45	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ Heat:6, starttime: 14:40

Heat: 6/18 Lane : 4 Athlete: DEPAEPE LANA **Q-time: 01:25:32**

PB (25m pool): 01:25.32 Waregem 26/09/2026 **PB (50m pool):** no time **SB:** 01:25.32 Waregem 26/09/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:25.32	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ Heat:9, starttime: 14:45

Heat: 9/18 Lane : 6 Athlete: VAN GANSBEKE NORE **Q-time: 01:22:00**

PB (25m pool): 01:22.00 Waregem 26/09/2026 **PB (50m pool):** no time **SB:** 01:22.00 Waregem 26/09/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:22.00	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: KWZC

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:14, starttime: 14:55

Heat: 14/18 Lane : 5 Athlete: ROSSEAU RINSKE — **Q-time: 01:18:30**

PB (25m pool): 01:17.72 WAREGEM 30/09/2023 **PB (50m pool):** no time **SB:** 01:20.49 Waregem 26/09/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:17.72	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:7, starttime: 15:25

Heat: 7/16 Lane : 5 Athlete: TACK THORBEN — **Q-time: 00:34:26**

PB (25m pool): 00:34.26 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 00:34.26 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:34.26	
		00:34.26	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 24: 200M BACKSTROKE WOMEN 13+ — Heat:11, starttime: 16:20

Heat: 11/13 Lane : 5 Athlete: ROSSEAU RINSKE — **Q-time: 02:43:22**

PB (25m pool): 02:42.30 Diksmuide 19/03/2023 **PB (50m pool):** 02:43.62 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		02:42.30
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:8, starttime: 16:45

Heat: 8/12 Lane : 8 Athlete: DE MEESTER LIAM — **Q-time: 01:18:47**

PB (25m pool): 01:18.47 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 01:18.47 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.95		01:18.47	
		00:36.95		*00:41.52*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: